

SODALITY OF THE MOST SACRED HEART

MONTHLY NEWSLETTER

That all would come to know they are greatly Loved by God

All are welcome to join us in
Celebration of the Love of
God through the Most Sacred

Heart of Jesus

First Fridays

**Saint Mary Magdalen Catholic
Church**

2618 S. Brentwood Blvd.
St. Louis, MO 63144

September 4th

4:30 PM - Adoration,
Reconciliation & Benediction
5:30 PM - Celebration of the
Holy Sacrifice of the Mass,
Followed by Dinner and
Reflection. Bounce House &
activities for children during
reflection.

Celebrant & Speaker

Monsignor Patrick Hambrough

October 2nd

Annual Enrollment Mass

4:30 PM - Exposition of the
Blessed Sacrament, Adoration &
Reconciliation

5:30 PM - Celebration of the
Holy Sacrifice of the Mass

6:45 PM - Sodalist Dinner @
Holiday Inn, Navy Room, 10709
Watson Rd., St. Louis MO 63127
DINNER RESERVATIONS REQUIRED
(see information below)

Celebrant

Monsignor Timothy Cronin



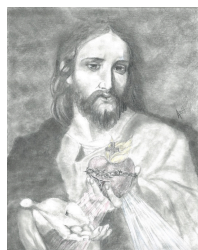
**“For we are His handiwork, created
in Christ Jesus for the good works,
which God prepared beforehand to
be our way of life.” - Ephesians 2:10**

We are God's handiwork, created with great purpose and infinite worth

*“Even the smallest person can change the course of the future” -
the words of Galadriel to Frodo, Lord of the Rings*

Christianity is the central theme in J. R. R. Tolkien's fictional works about Middle-earth, but one must look through a Catholic lens to understand it. The hobbit Frodo serves as the main protagonist, who finds himself in the unwanted position of being the only candidate to carry and destroy the most evil “ring of power”. He must leave the comfort of his quiet, happy home and journey through much difficulty to cast the evil ring back into the fires it was created in. On his journey, Frodo meets one of the greatest Elves in Middle-earth, Galadriel. He, seeing the power and wisdom she possesses offers her the ring, thinking her to be better equipped to dispose of such a powerful thing. After overcoming the temptation to claim the Ring's power for herself, Galadriel tells him, “this task was appointed to you (Frodo) and if you do not find a way, no one will.” Frodo replies, “I know what I must do, it's just I'm afraid to do it.”

All are invited to enroll in the Sodality of the



Most Sacred Heart

We invite any interested in enrolling in the Sodality of the Most Sacred Heart to fill out and mail the Enrollment Request form (below). If you have any questions please contact us at info@mostsacredheart.net

Mail enrollment application to:
Sharon Hellebusch
Attn: SMSH
116 Roy Lane
Wentzville, MO 63385

ENROLLMENT REQUEST

Name _____

Address _____

Email _____

Phone _____

Baptized _____

_____ Church

Confirmed _____

_____ Church

Enrollment requests also available on our website www.mostsacredheart.net

Tolkien wrote this novel between 1937 and 1949, a time when World War II brought immense darkness across the globe. Today, we face our own challenges. Like Frodo, many of us feel ill-equipped or hesitant to act. Yet, we must use what God has given us as His beloved children, believing that “even the smallest person can change the course of the future.” God created each of us with great purpose for the specific time in which we live: “Created for such a time as this” (*Esther 4:14*). Each of us has been appointed to bear His light: “The light shines in the darkness, and the darkness has not overcome it” (*John 1:5*).

Let us know what we must do and not be afraid to do it. With courage, taking one step at a time—through our actions, words, prayers, and thoughts—we can bring the light of God into every corner of the world.

In 1991, Saint John Paul II called for a mass mobilization of Catholics to spread Church teachings, writing in *Redemptoris Missio*: “The mission of Christ the Redeemer, which is entrusted to the Church, is still far from completion.” Fulfilling this mission requires individual courage and perseverance. As scripture reminds us, “Be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go” (*Joshua 1:9*).

Let us pray for a great outpouring of the Holy Spirit, that we may understand what the Lord has appointed us to do and have the courage to do it. We have all been created with great purpose and infinite worth. Together with the Lord our God, let us fulfill His plan “for the good works, which God prepared beforehand to be our way of life.” (*Ephesians 2:10*)

Please join us in our Devotion to the Most Sacred Heart of Jesus

WHO WE ARE:

The Sodality of the Most Sacred Heart (SMSH) is a religious association which aims at fostering a deep understanding of our Lord's great love, mercy and longing to be in close relationship with all of His created; and to increase the awareness that all are created with great purpose and infinite worth to love and to be loved.

OUR MISSION:

To foster:

1. A deep understanding of our Lord's great love, mercy and longing to be in close relationship with all of His created.
2. An increased awareness that all were created with great purpose and infinite worth to love and to be loved.
3. A desire and commitment to love, pray and offer reparation for all human souls that are not living in the state of grace and in the fullness of Jesus Christ.
4. A life dedicated to the intentions of the Sacred Heart of Jesus: allowing our Lord's Sacred Heart to live & love through us so we may more perfectly love those around us by the intentional reception of His love and truth through prayer and the Sacraments.

OUR PRACTICES:

Sodalists are encouraged to be faithful to the Sodality practices; striving for the salvation and sanctification of self & neighbor, and the evangelization of the world through the Heart of Christ. The sodalist however is in no danger of mortal or venial sin by not fulfilling these practices.

Daily

- Love, pray and offer reparation for all souls that are far from the Heart of Jesus
- In the morning, the Sodalist will thank God for His many blessings, recite the Morning Offering, and the Angelus.
- Devote at least half an hour to mental prayer, reflecting on our Lord's Most Sacred Heart which is filled with compassion and longing for all souls. If possible, recite the most Holy Rosary, Chaplet of Divine Mercy, or the Divine Office.
- Be present, if possible, at the Sacrifice of the Mass.
- In the evening, before retiring, carefully examine one's conscience, making the Ignatian Examen and a fervent Act of Contrition.

Monthly

- Receive the Sacrament of Reconciliation
- Celebrate in common the Holy Eucharist on the first Friday.

Annually

- Attend a Retreat
- Celebrate the Feast of the Most Sacred Heart of Jesus.

WE ENCOURAGE & SUPPORT:

- Sacred Heart Devotion
- First Friday Mass and Sodality Reflections
- Weekly fasting and prayer for all human souls that are not living in the state of grace and in the fullness of Jesus Christ.
- Eucharistic Adoration
- Divine Mercy Devotion
- Formation and participation in a SMSH Parish Chapters
- Participate regularly in corporal works of mercy

The Sodalists further acknowledge that by giving our hearts to our Lord and allowing Him to live and love through us, we can more perfectly love those around us. It is through fervent prayer and the reception of His love that we will strive to walk in forgiveness, humility and sacrifice with the ultimate goal of bringing our Lord's love, mercy and care to those around us.

We invite any interested in enrolling in the Sodality of the Most Sacred Heart to fill out the Enrollment form above included in the newsletter. If you have any questions please contact us at info@mostsacredheart.net.

Please join us in Celebration!!
11th Annual Sodality Enrollment and Installation Mass and Dinner
Friday, October 2nd, 2026!!

Mass to include Enrollment of New Sodalists & Installation of Officers

Saint Mary Magdalen

2618 S. Brentwood Blvd., St. Louis, MO 63144

Celebrant: Monsignor Timothy Cronin

4:30 PM - Adoration, Reconciliation & Benediction

5:30 PM - Mass

6:45 PM- Dinner @ Holiday Inn, Navy Room

10709 Watson Road, St. Louis, MO 63127

(One may enroll without attending the dinner.)

All sodalists and families are welcome!

Reservations must be received by Wednesday September 23rd

Please include entree choice next to your name below

8 oz. Beef Tenderloin (\$107) _____ Salmon (\$80) _____

Gluten Free Salmon (\$80) _____ Vegetable Pasta (\$75) _____

Children: Chicken Tenders (\$26) _____

Total \$ _____

COST INCLUDES - Salad, Dessert, Wine, Beer and Soda

Checks payable: Sodality of the Most Sacred Heart

Mail reservation form and check to: Jackie Quigley

Attn: SSMH 1308 Kendon, St Louis MO 63131

Name: _____ Entree choice: _____

Name: _____ Entree choice: _____

Name: _____ Entree choice: _____